

Sailing Instructions

Junior Sweeps - 2011

South Shrewsbury Regatta SS&YC
August 8th and 9th
North Shrewsbury Regatta MBC
August 10th and 11th

1. RULES - The regatta will be governed by the 2009 - 2012 Racing Rules of Sailing (RRS), the prescriptions of US Sailing, the rules of the classes sailing, and by the Sailing Instructions.

2. ENTRIES - All participants must be age 17 or under as of August 8, 2011 or in the 2011 high school class. In order to qualify for the Overall Junior Sweeps Championship, a competitor must race in at least one more race than the maximum number of races held on either river, using the same sail number for all races.

3. NOTICES TO COMPETITORS - Notices to competitors will be posted on the official notice board at SSYC and MBC. The Race Committee reserves the right to change the Sailing Instructions, by posting the changes on the official notice board.

4. SIGNALS MADE ASHORE

4.1. Signals made ashore will be displayed at the Host Club flagpole.

4.2. When flag AP is displayed with horn, it means the next race is postponed. One horn when lowered means the warning signal will be made in not less than 20 minutes.

4.3. Flag B fully hoisted with one horn means Protest Time has begun. When lowered 45 minutes later, time for the receipt of protest has ended.

5. SCHEDULE OF RACES - Times listed in this section may be later but will not be earlier than listed.

5.1. August 8, 2011 - SSYC

5.1.1. Registration: 8:00 - 9:00 am

5.1.2. Skipper's Meeting: 9:30 am

5.1.3. Warning Signal of First Race: 10:00 am

5.2. August 9, 2011 - SSYC

5.2.1. Warning Signal of First Race: 10:00 am

5.3. August 10, 2011 - MBC

5.3.1. Registration: 8:00 - 9:00 am

5.3.2. Skipper's Meeting: 9:30 am

5.3.3. Warning Signal of First Race: 10:00 am

5.4. August 11, 2011 - MBC

5.4.1. Warning Signal of First Race: 10:00 am

5.5. Five races are scheduled at SSYC

5.5.1. There will be one (1) drop if all five races are sailed. This modifies RRS A2.

5.6. Five races are scheduled at MBC

5.6.1. There will be one (1) drop if all five races are sailed. This modifies RRS A2.

6. Courses

6.1. Club 420/Laser Radial. The Race Committee shall post or announce the type of course and number of laps prior to each warning signal.

6.1.1. Triangle Course - T

Olympic Course - O

Windward-Leeward - W

6.1.2. The number posted will indicate the number of laps. If no number is posted, it means one lap, plus a weather leg. For example, a "2" signifies two laps, plus a weather leg. The number of laps is not posted for an Olympic Course.

6.1.3. All marks will be left to Port (P) or Starboard (S), as indicated on the course board.

6.2. A mid-weather leg Start/Finish line may be used. The start and finish lines will lie between an orange or

yellow flag on the committee boat and the nearby mark of the course. Start/finish flags will be announced by the Race Committee.

6.3. Optimist White/Blue/Red. The Race Committee shall post or announce the type of course and number of laps prior to each warning signal.

6.3.1. Courses will be Triangle (T)

Windward/Leeward (W)

Olympic (O).

6.3.2. The number posted will indicate the number of laps. If no number is posted, it means one lap, plus a weather leg. For example, a "2" signifies two laps, plus a weather leg. The number of laps is not posted for an Olympic Course.

6.1.3. All marks will be left to Port (P) or Starboard (S), as indicated on the course board.

6.4. A mid-weather leg Start/Finish line may be used.

6.5. Optimist Green - The Race Committee shall post or announce the type of course and number of laps prior to each warning signal.

6.5.1 Courses will be Triangle (T)

Windward/Leeward. (W)

6.6. A mid-weather leg Start/Finish line may be used. The start and finish lines will lie between an orange or yellow flag on the committee boat and the nearby mark of the course. Start/finish flags will be announced by the Race Committee.

7. MARKS

7.1. The turning marks will be inflatable balls or as designated in the skipper's meeting.

8. THE START

8.1. "Dinghy" starts will be used on all courses. The sounds will use the following sequence:

Race Committee will announce a pending start by rapidly blowing short sounds

3 long sounds - 3 minutes to start

2 long sounds - 2 minutes to start

1 long sound, 3 short sounds - 1 minute 30 seconds to start

1 long sound - 1 minute to start

3 short sounds - 30 seconds to start

2 short sounds - 20 seconds to start

1 short sound - 10 seconds to start

5 short sounds, one second apart - countdown to start from 5 seconds to start (optional)

1 long sound - start of race

8.2. Order of Start (3 courses)

8.2.1. Club 420, followed by Laser Radial, followed by Blue Jay (followed by any added classes).

8.2.2. Opti White/Blue/Red - All one start.

8.2.3. Opti Green

8.3. The warning signal for a following class will be made at least one minute later

8.4. The starting line will be between a staff displaying a yellow or orange flag on the Race Committee boat and the nearby mark of the course. Start/Finish flags may be used and shall be announced by the Race Committee.

8.5. A boat shall not start later than 5 minutes after her starting signal. They will be given a DNS.

8.6. Boats not in their starting sequence shall keep clear of the starting area.

8.7. Failure of the Race Committee to notify all competitors OCS will not be grounds for redress.

9. THE FINISH - The finish line will be between a staff displaying a flag on the committee boat and the nearby mark of the course. Start/Finish flags may be used and shall be announced by the Race Committee.

10. PENALTY SYSTEM - Rule 44.2, the two turns penalty shall apply.

11. TIME LIMITS -

11.1. The time limit for all classes will be one hour and fifteen minutes.

11.2. The time limit for the first boat to reach the weather mark is 30 minutes

11.3. Boats still on the course twenty minutes after the first finish will be scored DNF. This changes RRS 35 and A.4

11.4. The Race Committee may abandon any race it judges not to be a fair test of sailing skill or for safety issues.

12. PROTEST

12.1. Any boat wishing to protest another boat must notify the protested boat of their intention to do so by hailing "Protest."

12.2. Protesting boat will notify the Race Committee of the protested boat's sail number as soon as reasonably possible following the finish of that race.

12.3. Each protest will be reviewed by an instructor and the instructor will be present with the protestor when the Protest is filed with the Race Committee.

12.4. Protest shall be written on forms available from the Race Committee, and delivered there within 45 minutes after Protest time has been signaled to start.

12.5. Protests will be heard in order of receipt.

13. SCORING

13.1. The Low Point scoring system, Appendix A4, as modified by Appendix A9, will apply (1 Point for first). The last sentence of Appendix A9 is modified to read 'A boat that did not come to the starting area shall be scored points for the finishing place one more than the number of boats that came to the starting area.'

13.2. One race will constitute a series except 2 races (at least 1 in each river) are required for the "Overall Series."

13.3. There will be 1 drop for the overall Twin Rivers Regatta if at least 5 races are sailed. This modifies RRS A2.

14. SAFETY REGULATIONS

14.1. All participants must wear a USCG approved PFD while on the water.

14.2. All competitors must sail by the Race Committee boat on Starboard tack and yell out their sail number until acknowledged, prior to the preparatory signal.

14.3. Any competitor leaving the racing area shall attempt to notify the Race Committee or a support boat.

15. MEASUREMENT - All competitors are responsible for their boats being in compliance with class rules.

16. SUPPORT BOATS -

16.1. Opti Green, N-10

16.1.1. Coaching allowed and encouraged to help those that clearly need assistance

16.2. All other fleets

16.2.1. Team leaders, coaches and other support personnel shall stay outside the race area and coaching is not allowed from the time of the preparatory signal for the first class to start until all boats have finished a race or the Race Committee signals a postponement, general recall, or abandonment. Coaching is permitted during the period after a boat has finished until the next preparatory signal provided it occurs outside the race area.

17. PRIZES

17.1. Daily Ribbons will be given for all races.

17.2. Prizes will be awarded at SS&YC for the South Shrewsbury Regatta on Tuesday afternoon following the races.

17.3. Prizes will be awarded at MBC for the North Shrewsbury Regatta and Overall Regatta on Thursday afternoon following the races.

18. DISCLAIMER OF LIABILITY - Competitors participate in the regatta entirely at their own risk. See rule 4, Decisions to Race. The organizing authority will not accept any liability for damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.